

T.E. HARMAN CENTER  
226 MATLAGE WAY, SUGAR LAND 77478

# TAI CHI CLASS

with Health QIGONG



FOUNDER SIFU  
**Jason Leung**

MASTER  
**Harris Nip & Gigi Ip**



## USA TAI CHI ACADEMY

A non-profit organization promoting Tai Chi and Health  
QIGONG exercises for health and wellness.

[WWW.USATAICHIACADEMY.ORG](http://WWW.USATAICHIACADEMY.ORG)

### SATURDAYS

8 a.m. - noon

\$80 annual membership fee required for academy  
enrollment.

Facility usage card required.



[www.SugarLandTX.gov/ParksRegister](http://www.SugarLandTX.gov/ParksRegister)



Parks & Recreation